



GUILFORD TAEKWONDO CLUB
GUILFORD HIGH SCHOOL
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(203) 468-8083



APPLICATION FOR TAEKWON-DO PROMOTIONAL EXAM

DATE: _____ **REQUESTED RANK:** _____ **(GRADE/DAN)**

NAME: _____ **AGE:** _____ **PRESENT RANK:** _____

DATE STARTED: _____ **DATE OF LAST TEST:** _____

BASIC KICK TECHNIQUE	A	B	C	D	F	REMARKS:
BASIC HAND TECHNIQUE	A	B	C	D	F	
BASIC BLOCKS	A	B	C	D	F	
BASIC STANCES	A	B	C	D	F	
PATTERN FUNDAMENTAL ERROR (SPECIFY)	A	B	C	D	F	
STEP SPARRING	A	B	C	D	F	
FREE SPARRING	A	B	C	D	F	
AGAINST(_____)	A	B	C	D	F	RECOMMENDED BY: _____
AGAINST(_____)	A	B	C	D	F	
AGAINST(_____)	A	B	C	D	F	
SELF -DEFENSE	A	B	C	D	F	RESULT: _____
BREAKING TECHNIQUE	A	B	C	D	F	
BY FOOT	A	B	C	D	F	
BY HAND	A	B	C	D	F	
SPECIAL	A	B	C	D	F	
ATTITUDE	A	B	C	D	F	EXAMINER: _____